



Without regular dental cleanings, harmful bacteria and hard deposits called calculus build up on your teeth above and below your gums, releasing harmful toxins that can lead to gingivitis- inflamed and bleeding gums.



This buildup occurs in areas that cannot be reached by brushing, flossing, or even regular dental cleaning.



Your doctor may recommend a procedure called debridement to remove these deposits from your teeth.



Debridement is usually performed with an ultrasonic cleaner, which uses high-frequency vibration to separate the calculus from the tooth.



In many cases, this can bring your gums back to health. Your doctor can help you determine the best next steps in your treatment.



If these symptoms are not treated, they may lead to periodontitis and bone loss, requiring more advanced procedures to remedy..